

1 **Abstract**

2 The present invention provides improved methods and
3 systems for diagnosis, prevention, and treatment of a bone
4 related condition such as osteoporosis. The present
5 invention integrates bone mass measurement techniques with
6 various preventive and treatment measures to create a
7 protocol for prevention and treatment of the bone related
8 condition. In one embodiment, a medical practitioner
9 treats bone mass degradation occurring in a patient by
10 measuring a bone characteristic level in at least one of
11 the patient's bones to yield a score, conducting a gait
12 analysis to yield a gait characterization, measuring a bone
13 mass marker concentration in at least one of the patient's
14 body fluids to yield a bone marker level, and prescribing
15 one or more therapies. Optionally, the treatment may
16 include designating a future time to repeat the measurement
17 of a bone characteristic level, the gait analysis, and the
18 measurement of bone marker level.

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